



## WomanSpirit 2001 Winter Conference

Presented by  
the Women and Religion Committee, Central Midwest District of the Unitarian Universalist Association  
And  
The Women of First Unitarian Church, South Bend

Keynote Speaker:

**Susan Wittig Albert, Ph.D**

*"The interior life is like a river, sometimes full and abundant with richly creative life, sometimes dry and empty; sometimes tumultuous, sometimes calm.."*

South Bend, Indiana

Friday, January 26, 2001

Saturday, January 27

Sunday, January 28

[www.buuf.org/river.htm](http://www.buuf.org/river.htm)

# WomanSpirit Events

The women of First Unitarian Church, South Bend, welcome you to our home! We invite you to stretch your creative muscles through attending workshops! Make connections with other women, enjoy quiet time, and share stories and ideas.

## Friday, January 26

- 6:30 Registration, Refreshments, Vendor Area opens
- 8:00 Processional, Ingathering/Opening Ceremony
- 9:30 "Flowing Like a River Coffee House" Open Mike Night
- 10:00 Drumming/ Depart for Hotels/HH, Vendor Area closes

## Saturday, January 27

- 7:45 Registration, Continental Breakfast, and Vendor Area open
- 8:30 Welcome and announcements
- 8:45 Keynote Address by Susan Wittig Albert
- 10:15 BREAK
- 10:30 Morning Workshops
- 12:30 LUNCH
- 2:00 Afternoon Workshops
- 4:00 Time to Enjoy Conversation, Vendors, the Campus (maps & tours available)
- 6:00 BANQUET/Vendor Area closes
- 7:30 Closing Ceremony
- 8:30 Dances of Universal Peace
- 10:00 Drumming/ Depart for Hotels/HH

## Sunday, January 28

- 10:00 Worship Service by Susan Wittig Albert

All events will be held in the Continuing Education Center on the campus of Notre Dame University. Parking is available right next to the building. Specific directions will be included in your confirmation letter.

# Keynote Speaker

## Susan Wittig-Albert



Susan Wittig Albert, Ph.D., is the author of the best-selling *China Bayles Herbal Mysteries* and co-author of the *Robin Paige Victorian mysteries*. She has also written two critically-acclaimed non-fiction books: *Writing From Life: Telling Your Soul's Story*, and *Work of Her Own: A Woman's Guide to Success off the Career Track*. She is the founder of the Story Circle Network, an organization for women to explore their lives and souls by exploring their stories. Dr. Albert, an avid gardener, also writes for *Country Living Gardener* and presents essays for the Public Radio program "The Cultivated Gardener." Having grown up on a farm in Illinois, Dr. Albert now lives on 22 acres in the Texas Hill Country. Dr. Albert is a nationally-known speaker for women's organizations and writers' conferences. She is a former professor of English and university vice president. Dr. Albert is especially interested in women's spiritual journeys and the need to become profoundly conscious of the shape and dimensions of the interior life.

She has written:

*The interior life is like a river, sometimes full and abundant with richly creative life, sometimes dry and empty; sometimes tumultuous, sometimes calm. As we begin to be conscious of this inner life--its times and seasons, its rhythms and changes, what nurtures it, what parches it--we begin to see that it has its own pattern of growth, of waxing and waning. Then we can begin to move with this inner river, to allow it to course unhindered through our lives, to be nurtured by it, to be lost in its vast and wonderful mysteries.*

To learn more about Dr. Albert  
visit her webpage at [www.mysterypartners.com](http://www.mysterypartners.com)  
or our Womanspirit webpage at [www.buuf.org/river.htm](http://www.buuf.org/river.htm).

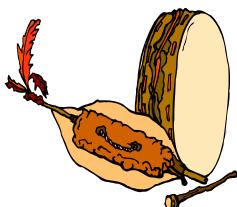
We are honored and excited to have Dr. Albert share her wisdom with us at Womanspirit 2001.

# ChildrenSpirit 2001

## NEW this year!

Quality activities that mirror workshop themes are planned on Friday night and all day Saturday for girls up to age 16, and boys up to age 5. Also, the workshops that are "maiden-friendly" for girls ages 11 to 16 are indicated in the workshop descriptions with a big **G** for girls! Remember to indicate your girls' workshop preferences!

# Morning Workshops



## 101 Rhythms of Spirit and Joy

Helen Bond

Experience the natural rhythm and playfulness of the ancient heartbeat of the drum, which can awaken your creativity and provide a channel for an introspective journey. Reconnect to your primal origins and learn to march to the unique beat of your own drum. Helen invites even the most non-musical novice to experience the joyful feeling of community drumming.

*Helen Bond, the owner/operator of Medusa's Musical Mysteries, brings a sparkling energy and rich background to her workshops. She is an instructor at The Chicago Academy for the Arts and has brought the joy of drumming into schools and corporate team building conferences. She is a ritualistic percussionist and an integral part of numerous drum circles throughout the Great Lakes Region.*



## 102 Sing for Your Soul

Lauren Lane Powell

If you can laugh you can sing! If you can sing you can heal! How do infants yell without losing their voices? They do it naturally, using all the right muscles. They haven't been taught, yet, how not to express themselves. This workshop is geared to anyone who wants to sing and speak with more natural freedom and confidence, especially those many people who have been told and believe they can't sing. You are in for a treat!

*Lauren Lane Powell has a BA in Voice and Music Education from Indiana University. Prior to IU, she took private voice training for 12 years. She travels the country presenting her magical musical workshops!*



## 103 Spirited Movement-A Yoga Experience

Jenny Bartlett

Is God/Goddess "out there" or "in here"? Is spirituality strictly a mental experience? Using slow, yoga-based movement and guided visualization we will experience the divine presence in our female bodies. Appropriate for all ages and body types.

*Jenny Bartlett, a certified Kripalu yoga instructor, has been exploring aspects of feminine spirituality for 20 years. She teaches Yoga at various locations and institutions in the greater South Bend area. Jenny brings with her a joyous appreciation for yoga and the inherent wisdom of the body.*



## 104 T'ai Chi Ch'uan: Experience the Fundamentals

Emily Morison (Good)

Tai Chi, a form of meditative calisthenics, is based on the principle of Yin and Yang, the interaction of two forces, which exist harmoniously in nature and can be seen as soft/strong, relaxed/tense, warm/cold, or mind/body. Using slow, free-flowing movement to actively relax we can find and maintain balance and minimize stress and disease.

*Emily Morison (Good) is a practitioner/teacher who has taught T'ai Chi widely through AHP, UU Churches and other Centers. She is currently teaching classes through Indiana University at South Bend and The Memorial Center for Integrative Medicine.*



## 105 Winding Journey Home

Karen Kehr

Karen guides participants through the inner/outer journey of the Labyrinth, which is a pattern with a purpose, an ancient tool that speaks to a long forgotten part of us. Its many turns reflect the journey of life, rites of passage, cycles of nature. Walking a labyrinth is a gift we give ourselves, leading to discovery, insight and connectedness. *Karen Kehr, M.S., is a business and personal coach and consultant, specializing in career and life transitions. Karen utilizes both traditional and non-traditional methods of counseling to coach those she works with to discover their essential self and life direction.*



## 106 Living in the Myth of Love

Megan Wells-Shunk

A story, a story...come hear and explore the ancient myth of Psyche and Eros. Updated and brought to life by Megan Wells, The Myth of Love contains deep and potent truths of the Soul's necessary journey through elation, disappointment, revelation and commitment. Then Megan guides us through images within the myth and explores the deep teachings and how they are played out in our lives RIGHT NOW. *Megan Wells is a Storyteller, Writer, and Theater Artist. Renowned for her precision, passion and mythic style, Megan appears at storytelling venues around the country. As a Story Consultant, Megan travels the nation to help corporations re-connect with story for vision, integrity and creativity.*



## 107 Rivers of Qi Run Through Us

Melinda M. Perrin

From a central pool deep within us Qi (Chi), the energy of life, flows through our body along twelve meridians. If kept clean and free flowing, these rivers bring physical, mental, emotional, and spiritual health. Learn the basics of natural healing based on the Chinese Five Element system.

*Melinda Perrin has had a natural healing practice for over four years, based on these and other ancient precepts. She is a member of Prairyerth, an Earth-centered UU fellowship and is a frequent speaker and teacher at universities and ecumenical councils throughout the Midwest.*





**108 Honoring Our Spiritual Journeys: Journey Inward, Journey Outward** Genelle King  
 As we look at our spiritual roadmaps we discover that, while we travel many different paths, we seek similar destinations. In this workshop, we will explore key factors that contribute to our spirit's well being. *Genelle King has been facilitating "Strike the Balance" programs and retreats since 1996. Through her company, King Communication Resources, she presents programs to health care professionals and private businesses, helping them learn to communicate better with clients and staff. She works as a registered nurse, is married and the mother of 3 grown sons.*

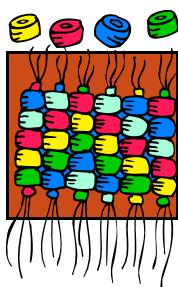


**109 Holistic Health Strategies**

Olga Felton

This workshop is designed to support holistic health decisions. Whether struggling with a current illness, or asserting personal power in health choices, this workshop provides an opportunity to design a practical health plan, incorporating guided imagery and inherent wisdom.

*Olga Felton is a holistic registered Nurse, and co-founder/consultant with Holisticfutures, L.L.C.*



**110 As the River Flows...a journey begins with a string of beads**

Peg Flach Hotson

Ever wanted to do something with Grandma's old costume jewelry that's lain around unused and unappreciated for generations? Peg creates this fun opportunity for you to make your own strand of personal memory beads or "memory bead shawl" which can be used for prayer, meditation, to commemorate an occasion, or simply as a (gasp) mindless accessory!

*Peg Flach Hotson is a closet beader. In her other life she is a professional actor and speech-language pathologist.* Note: There is a \$5 fee for supplies. Each participant should bring the following: Personal beads, amulets, charms, stones, and/or rings to weave into her memory beads. 1 pint of beads to share (from thrift shops, garage sales, and raiding old costume jewelry with scissors.) Reading/amplifying glasses for close up work.



**111 Exploring the Colors and Textures of Our Spirit—A group Art Project**

Julie Malott

Julie gently encourages the group to expose and banish those pesky gremlins of fear and judgment that get in the way of pure artistic expression, opening up the flow of creative juices. Then the group will create in an experimental way, just to see what happens. You may surprise yourself!

*Julie Malott is an artist and sculptor who has worked with at risk youth, using art to build self-esteem. With a B.A. in Fine Arts, she brings a fresh creative approach to her work.*



**112 Acting Empowers the Spirit**

Deborah Girasek-Chudzynski

Participants will be introduced to the basic tools of the actor through specific exercises and acting games which focus on the "here and now." Acting helps one connect with her fellow "actors" in obtaining an objective, which empowers the spirit to action. Learn how to awaken the imagination as you draw on hidden resources, bolstering your confidence in the process.

*Deborah Girasek-Chudzynski holds a M.A. in theatre from Purdue University and currently is chair of the Fine Arts Department of Stanley Clark School. Deborah has worked extensively in the arts. Her past credits include being Director of Educational Programs for the Acting Ensemble Stage Company and adjunct faculty member of IUSB Department of Theatre. She has also served as director of IUSB's Summer Theatre.*



**113 Feng Shui - A basic understanding of Black Hat Feng Shui**

Vera Marie Kostelnik

Slide presentation of the origins of Feng Shui, the Chinese "Art of Placement," and how it evolved into what it is today along with clarification of the different schools of Feng Shui. Since there is much confusion on this subject, this will be an opportunity to ask questions and get answers.

*Vera Marie Kostelnik has taught Feng Shui for 5 years at Indiana University and Purdue. Vera Marie has also studied in China with Feng Shui Masters there. She has researched Feng Shui for 17 years.*



**114 Integrated Energy Therapy**

Karen M. Price

The next level beyond Reiki, IET is a way of heart linking with an angelic energy to help us in our daily lives. Karen will also talk about the Integrated Energy Therapy sessions, which help remove the "issues from our tissues" by pulling emotional memories from our energy fields.

*Karen has practiced IET work since September of 1999, becoming a master-instructor in April of 2000. Since then she has spoken at the International Power of Thought convention in British Columbia, Canada, and was overwhelmed by people interested in getting this work done. She is also a Reiki Master.*



Body Movement



Holistic Wellness/Environment



Mind/Heart Exploration



Creative Expression



Maiden Friendly



# Afternoon Workshops



## 201 T'ai Chi: A Moving Meditation

In coping with the stresses of our busy lives, it is helpful to be able to relax and refresh our lives and our spirits. This ancient Chinese Meditation is fun, relaxing and nourishing.

*Denise Tracy is a minister with the UUA and the United Church of Christ. She has taught T'ai Chi for over 20 years. She is a former CMD district executive.*

Denise Tracy



## 202 Winding Journey Home

(see description for Morning workshop 105)

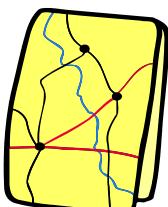


## 203 Personality: Mapping Your Spirit

Jan Johnson, PhD

Utilizing hands-on creative expression, which will enable you to name and affirm the various aspects of you, you will be creating a "map" of your personality. Seek out the exiled emotions of your childhood that may be surfacing in your present relationships. Gain understanding of the different qualities of your personality and what roll they play in your life.

*Jan Johnson, PhD is a licensed Psychologist and family therapist specializing in family relationships. She works in private practice in Oak Park, IL. She is a member of Unity Temple UU Congregation.*



## 204 Tarot — A Self-Guided Tour to Happiness

Cameo Victor

Combining art therapy and meditation, Cameo uses the symbolism of the tarot as a guide towards maturity, higher function and happiness. Cameo will discuss Tarot symbolism and right-left brain theories as well as hands-on methods for finding health and spiritual growth using the images in Cameo's book. *Cameo Victor, MS, artist, art therapist, author, feminist, grandmother, crone. Cameo has been a student of symbolism for over 30 years; she has taught and lectured extensively across the U.S. She is an active member of the Unitarian Universalist Fellowship of Elkhart, Indiana.*

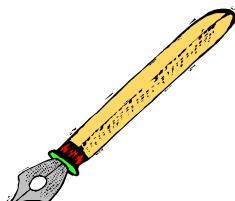


## 205 Handwriting — Your Spirit Shines Through

Sharon Turner

We write with our hearts not our hands! Come explore your own handwriting style and the secrets it tells about you. Discover your natural tendencies as revealed through your individual handwriting style. Gain insight into yourself through your handwriting.

*Sharon Turner CGA, has been certified as a Graphoanalyst since 1989. She received her certification at the International Grapho Analysis Society in Chicago. Over the years she has analyzed handwriting samples for both businesses and individuals and is an active member of International GA Society.*



## 206 Prairie Rivers Ecology

Melinda M. Perrin

Healthy rivers and wetlands are a reflection of a healthy ecosystem. Only two beautiful prairie rivers in Illinois retain a "Class A" rating. Experience the beauty of our natural landscapes in this illustrated workshop and learn to live in harmony, preserving our essential heritage and restoring our vital wetlands through stewardship, sustainable living, and smart growth planning.

*A member of the Prairyerth UU Fellowship, Melinda Perrin is Executive Director of the Conservation Research Institute. CRI monitors the on-going restoration of wetland habitats throughout the Midwest. Currently, Melinda is working with local municipalities and organizations to preserve the threatened headwaters of the Kishwaukee River watershed in Northeastern Illinois.*



## 207 Your Personality, Your Health

Sharon Mayer and Susan Myers

Exploring the connection between personality, the human energy system and wellness, you will discover your physical "weak sites" and learn how to create a disease-resistant personality. Based on the work of Carol Ritberger, Ph D., author of "Your Personality, Your Health."

*Sharon Mayer brings a rich background in wellness education and Holistic health. Sharon has a M.A. in Clinical Social Work and holds Certifications in Holistic Health Care, Hypnotherapy and Healing Touch. Susan Myers is a registered nurse with a M.A. in Clinical Social Work, Certified in Holistic Nursing through the American Holistic Nurses Association. Susan is a Certified Healing Touch Practitioner and draws on her 25+ years experience in the medical community.*



**208 Introduction to Energy Medicine: Techniques to enhance well being**

Barbara Starke, MSN, FNP, HNC, CHTP/I

Healing Touch. This experiential workshop will introduce participants to the scientific basis of energy-based therapies. Techniques to promote relaxation and self-correction will be demonstrated and practiced.

*Barbara is a Nursing instructor at Western Michigan University, Kalamazoo, Michigan. Active member of American Nurses Association Leadership Council and Healing Touch International. She has been involved in wellness programs and integrative healthcare for 20 years.*

**209 Dances of Universal Peace: Honoring the Divine Feminine** Mary Metzler-Prieb

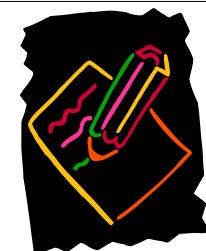
The Dances of Universal Peace are joyous circle dances and walking meditations, which use sacred names and phrases in chant and song. With our heart/mind/body awareness we will celebrate expressions of the Sacred Feminine, such as Kwan Yin, Tara, Kali, Inanna Ishtar, and Hokmah/Sophia/Holy Wisdom.

*Mary Metzler-Prieb is a Certified Teacher and Mentor (teacher trainer) of the Dances of Universal Peace. She has grown with the Dances for 15 years. Mary is actively leading the Dances of Universal Peace throughout the Midwestern Region.*

**210 Haiku: Learn to write the seventeen-syllable “one breath” path to spirit** Emily Good

Haiku tickles the mind and delights the spirit. Writing this poetic form involves a process of awakening to the profound beauty and meaning in the everyday, ordinary things in our mysterious, constantly changing world. Haiku also complements other meditative and physical disciplines.

*Emily Morison (Good) practitioner/teacher of Haiku, meditation, movement, and massage, teaches Haiku at St. Paul's Retirement Community and through her studio in Niles, Michigan.*

**211 Writing the Stories of Our Lives – Getting Started**

Fran Reynolds, Bernice Cudd and Judy Holman

Family stories often move us to laughter or tears. Writing these stories helps us reflect on our values, our spiritual, mental and emotional growth while assessing the importance of family culture and the power of place. In this workshop we will explore ways to get started writing these stories.

*Fran Reynolds, Ed.D. in Language Arts, specializing in the teaching of writing. Bernice Cudd, former public library director, is an astute and humorous writer. Judy Holman writes children's literature and a column for the Illinois NOW.*

**212 Bring the Flow of the River Home**

Sally Gonzalez

Listen...to the magical sound of water running through...Make a tabletop water fountain! Using special bowls, stones and statues we all have at home, Sally will lead participants in building a delightfully unique and harmonious indoor "river."

*Sally Gonzalez has served on the Ronora Planning Committee for 4 years and is presently serving on the CMwD Women & Religions committee. She has been a Chicago Police Officer for 15 years. She is a single mom who is happy to have found her spirituality.*

Note: There is a \$10 cost to cover supplies. Participants are expected to bring a large waterproof bowl and any special rocks, or small statues they would like to use.

**213 Maiden — Mother — Crone**

Helen E. Hughes, Ph.D.

Based on these three phases of a woman's life, this workshop investigates the different aspects of each through active discussion, creative writing, and finally, the creation of a short play. This play can then be shared with the other conference attendees.

*University professor, Neuropsychologist, and Founder/Editor of the feminist magazine "The Creative," Helen is a wise and dynamic leader. She is a former member and Chair of the Women and Religion Committee and has led this workshop at Camp Ronora.*

**214 Consecrating our Blood, Exploring Menstruation Through Art**

Shannon Green

Yikes! If your first reaction to the title was fear, you are probably not alone. Why is this subject so "taboo," even among women? Using guided imagery, symbolism and the medium of finger paint, Shannon will seek to honor the various stages of menstruation, a subject that has been stigmatized, misunderstood, feared, euphemized and vilified in our society.

*Shannon Green is an art teacher, artist and linguist. She is a past member of the Women and Religion Committee and has an ongoing interest in women's rituals.*



# Flowing Like A River Coffee House

Sharing Circle in a new form! Share your voice, unobstructed! New time slot, exclusive space! Bring your poems, songs, stories, magic tricks, dances, and any other skills you have to the stage Friday night! We will provide a well-lit, cozy, comfortable stage space ready for you!

Sign up in advance when you register!!

Tell us what you need for mikes, lighting, time! There is a spot on the registration form for this! The space will be there so you can share.

Last minute spaces may be available, but your pre-registration helps us plan for a good show! If you can't make up your mind or find your partners until later, we'll still welcome you to our cozy stage! Call Coffee House organizer, Molly Moon at 219-234-5672, or e-mail the [Registrar](#) so we can get you on the list!

## Keep the Water Flowing

You can help keep the water flowing for women in other parts of the Earth! Women in this country buy bottled water from other countries. Women from Belize drink dirty water they have obtained from rainwater or at a great distance, from the river. Our goal is to raise enough money to install a solar powered water purification system in the remote village of Toledo, Belize. This project is administered by the group called Plenty, International. More information on their work can be found at [www.plenty.org](http://www.plenty.org). Women and their families in this village will benefit from a clean water source, and HERE'S HOW YOU CAN HELP:

**Purchase a CD:** "As The River We Flow," a CD of familiar and original chants, songs, and poetry, was recorded and produced by the women of the First Unitarian Church Drumming Circle, with support from many of their families. Audio samples from some of the songs will be appearing on our website soon! Go to [www.buuf.org/river.htm](http://www.buuf.org/river.htm).

**Buy raffle tickets:** Raffle tickets will be available for a beautiful 3' x 5' Mayan Zapotec rug made by women supported by another Plenty project. The rug will be displayed in the Registration area!

## Goods & Tools for your Spiritual Practice

We've planned an exciting and spacious vendor area in the middle of the conference building! Some of the vendors invited so far will have drums and musical instruments, special painted glassware, handmade soaps, goddess wear, jewelry, t-shirts, music, books and a wonderful variety of other wares. Spend some time browsing the goodies Friday night and during the day Saturday.

# WOMANSPRIT 2001 Registration

**Registration deadline is January 10, 2001.**

Registration fee includes: Keynote address, workshops, light refreshments, Saturday continental breakfast and lunch, Saturday evening banquet, and evening programs. Registration is limited to 300 and fills quickly. Don't delay! You will receive a confirmation letter and map from the registrar.

***Please print clearly:***

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Office Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Church Affiliation: \_\_\_\_\_

Emergency Contact (Name and Telephone): \_\_\_\_\_

**I plan to attend the conference (check all that apply)**

Friday Night       Saturday       Saturday night banquet       Sunday Service

In accordance with the **Americans With Disabilities Act** and to assist us in our planning process, please contact the registrar with a detailed description of your special needs.

Susan Siemers, 19156 Orchard Heights Dr., South Bend, IN 46614.

Phone (219) 231-1060, FAX 219-231-1061. [susanvey@aol.com](mailto:susanvey@aol.com).

## Meal Preferences

Vegetarian     Non-Vegetarian     Other (allergies, etc) \_\_\_\_\_

## Workshop Preferences (enter workshop numbers)

Morning Choice 1: \_\_\_\_\_ 2: \_\_\_\_\_ 3: \_\_\_\_\_

Afternoon Choice 1: \_\_\_\_\_ 2: \_\_\_\_\_ 3: \_\_\_\_\_

## Home Hospitality

I need home hospitality:       Friday Night       Saturday Night

I am willing to share a room

Roommate request \_\_\_\_\_

I will need transportation from church

Special housing needs (allergies/smoking/dietary/physical) \_\_\_\_\_

## Scholarships

Requests for scholarships should be made in writing to:

Susan Siemers, 19156 Orchard Heights Dr., South Bend, IN 46614. Phone (219) 231-1060. [susanvey@aol.com](mailto:susanvey@aol.com).

## ChildrenSpirit 2001

Quality activities that mirror workshop themes are planned on Friday night and all day Saturday for girls up to age 16, and boys up to age 5. Please indicate your child care needs below.

Ages:	Girls and Boys		Girls only		
	0 - 2	3 - 5	6 - 10	11-13	14-16
Friday evening 7-10 pm					
Saturday 8 am—5:30 pm					
Saturday evening 5:30-8 pm					

Also, our brochure identifies a number of "maiden-friendly" workshops for girls 11-16. Please indicate below the workshop preferences of your daughter(s).

**Morning Choice 1:** \_\_\_\_\_ **2:** \_\_\_\_\_ **3:** \_\_\_\_\_

**Afternoon Choice 1:** \_\_\_\_\_ **2:** \_\_\_\_\_ **3:** \_\_\_\_\_

I plan to attend the Saturday night banquet.

### "Flowing Like A River Coffee House" on Friday! I would like to sign up!

Mic and lighting needs \_\_\_\_\_

Time: (suggested 2 to 7 minutes) \_\_\_\_\_

Brief description of what I will be performing:

Registration Fees	Before Dec. 10	After Dec. 10	Payment Enclosed
Registration Fee for ____ adult(s)	\$105	\$125	\$ _____
____ Students @	\$ 75	\$ 95	\$ _____
____ Children 8-16 @	\$ 50	\$ 70	\$ _____
____ Children 0-7 @	\$ 30	\$ 50	\$ _____
Donation to Scholarship Fund			\$ _____
Donation of \$1 toward WS2001 Water Project fundraiser			\$ _____
	CHECK # _____		<b>TOTAL: \$ _____</b>

**Registration deadline is January 10, 2001.**

Please make checks payable to "CMwD-Women and Religion Committee" and mail check with this form to registrar: Susan Siemers, 19156 Orchard Heights Dr., South Bend, IN 46614. Registrations will be taken in order of postmark.

### Other Questions

Contact local co-chairs:

Kathy Platt, (219) 291-6439, [TRPLATT@aol.com](mailto:TRPLATT@aol.com)

Mary Hagen, (219) 291-7546, [mhagen@michiana.org](mailto:mhagen@michiana.org)

Or visit our web site: <http://www.buuf.org/river.htm> for updates and additional information.

See you in South Bend!

# Hotel Reservations

Make sure to mention "WomanSpirit" when contacting hotels to get special rates.

All rooms are subject to 11% tax, and have free parking. All are within four miles of Notre Dame.

## Inn at St. Mary's

This hotel is visible to your right as soon as you leave I-80/90 at Exit 77. 1 king or 2 double beds \$79 per night. Amenities: continental breakfast, exercise center w/ whirlpool & sauna. In room coffeemaker, hairdryer, iron & board, modem line, voice mail, local calls. Free shuttle service to & from airport between 5am-9pm. Must book by Dec 26th. 1-800-947-8627 or (219) 232-4000.

## Signature Inn

Sign is visible to your left immediately as you exit I-80/90. \*The most friendly place I've worked with.\* 2 double beds \$70 per night. Same rate sleeps 1-4 people. Amenities: Indoor pool and fitness center w/ whirlpool & sauna. Breakfast buffet. In room microwave/refrig., popcorn, coffeemaker, hairdryer, iron & board, data ports, voice mail, local calls. Book by Jan. 5th by phoning (219) 277-3211 or by email: [sreed@signature-inns.com](mailto:sreed@signature-inns.com)

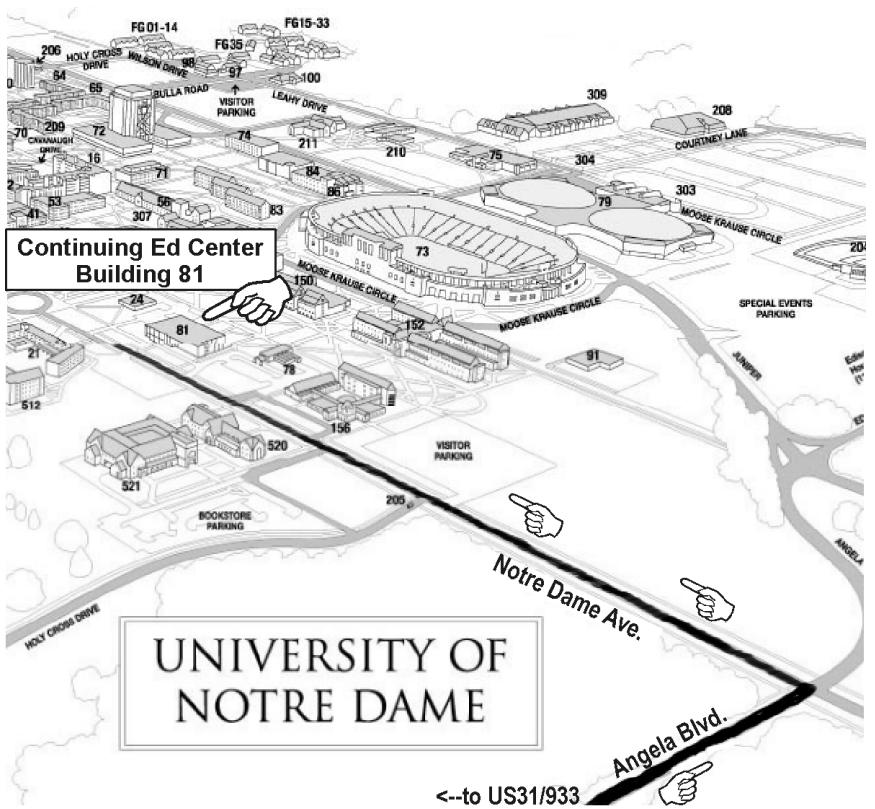
## Morris Inn

Most expensive, but right on the campus of Notre Dame. There is a tunnel to connect this hotel to the Conference Center, so you won't even have to put on your coat (let alone drive!) to get to the events. Rooms are utilitarian-2 twin-size or one queen bed, with one twin rollaway bed per room available if needed. Prices are per person: \$82 one person, \$90 two people, \$100 three people, which is the maximum per room. Amenities: location, location, location. In room iron/ board, hairdryer, cable tv, modem, local calls. Book by Dec 14 as the inn closes over the holidays. (219) 631-2000

## Jamison Inn

Ask for directions when you make your reservation. Room w/ 1 king bed: \$70. 2 double bds: \$80. Amenities: Deluxe continental breakfast, in room micro/refrig., coffeemaker, iron/board, hairdryer. Call (219) 277-9682 to book, before Dec. 30. If your plans change and you must cancel, be aware that there is a 48 hour cancellation policy for this establishment--heed this, as no-shows will be billed 50%.

## South Bend, Indiana



Any questions, contact Hotel and Home Hospitality Chair Kimberly Ginn, [kimginn@aol.com](mailto:kimginn@aol.com)  
Information on other motels, plus a dining guide, is on the our website, [www.buuf.org/river.htm](http://www.buuf.org/river.htm).

Sunday, January 28

Saturday, January 27

Friday, January 26

**South Bend, Indiana**

First Unitarian Church, South Bend

The Women of

And

of the Unitarian Universalist Association

Central Midwest District

the Women and Religion Committee

Presented by



# WomanSpirit 2001 Winter Conference



## WomanSpirit 2001 Winter Conference

Registrar Susan Siemers  
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